

(Check out [www.catholic.org/saints/](http://www.catholic.org/saints/))

# The Choosing of a Christian Name

It is a long tradition of the Catholic Church for Confirmation Candidates to choose a patron saint's name for their Christian name. The preferred name, however, is the baptismal name because it expresses the relationship that exists between Baptism and Confirmation, Confirmation being the completion of Baptism

If a new name is taken, however, it should be the name of a recognized Saint of the Catholic Church. If your baptismal name is not that of a recognized Saint, a new name should be chosen for Confirmation.

Names of saints are chosen to serve as patrons and models for those being confirmed. Candidates should choose a Patron Saint's name, not because of the attractiveness of the name, but because of the attractiveness of the Christian life that that person led.

Candidates Name \_\_\_\_\_

I. Confirmation Chosen Saint's Name \_\_\_\_\_

Saint's Feast Day \_\_\_\_\_

Saint's Place & Date of Birth \_\_\_\_\_

Date of Death, & How they Died \_\_\_\_\_

Basic story about this Saint's life. Tell what they did to earn sainthood. What virtues did this saint practice in his / her life? \_

(Continue on back side if necessary) \_\_\_\_\_

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How is this Saint a model for today's Christian? \_\_\_\_\_

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What do you most admire about this person? \_\_\_\_\_

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II. **Ask your parents** or whoever named you how they picked the name you received at birth? Your baptismal name? **Then write (on back) a brief story about what you found out.**

III. **Written Saint Paper:** Write a report on why you chose your particular saint. Keep in mind the following questions. What part of the saint's life did you find interesting? Do I have a special connection with that saint?